

# The Pines School Newsletter



Week 2, Term 1  
5th February 2021

*Respect, Belonging and Engagement in Learning*

Dear Families,

Welcome back everyone. We are looking forward to another great year at The Pines School.

A special welcome to our new students and their families.

In the first three weeks of the year, all classes will be focusing on Positive Education and settling into routines. More information about our wellbeing focus is included in the next section of the newsletter.

To celebrate returning to school, the Big Splash (all classes attend the Salisbury Pool) will be held next week on Thursday, 11th February.

It is very exciting that our new playground is currently under construction. Students worked hard to raise funds and help with the planning of the new Primary playground. We also thank Mrs Girgolas for all her time and organisation during this process. Students will be able to use the new playground once the edging and fresh bark/soft fall for the ground is completed.

This term you will receive information from your child's class teacher about class routines and the learning programme, which will keep you informed of what is happening in the classroom. We look forward to working in partnership with our families to ensure another excellent year at The Pines throughout 2021. Parent/Teacher interviews will be held later this term.

Our school is committed to caring for the environment and we have continued to increase our environmental practice including recycling. Our School Newsletter is currently published fortnightly on ClassDojo, on our school website and in the Skoolbag App.

If you would like to continue to receive a paper copy of the Newsletter, please complete the tear off slip in today's Newsletter and return this to the Front Office.

Cherie Collings  
Principal

Parent/ Caregiver Name: \_\_\_\_\_

Student's name: \_\_\_\_\_

Year level: \_\_\_\_\_

I would like to continue receiving a paper copy of the School Newsletter.

Please return to the Front Office.



Government  
of South Australia  
Department for Education

**Dates to  
Remember**

**Term 1**

**Week 3**

11th February

**Big Splash**

**Week 7**

8th March

**Adelaide Cup  
Public Holiday**

**Week 10**

2nd April

**Good Friday  
Public Holiday**

**Week 11**

5th April

**Easter Monday  
Public Holiday**

Principal  
Mrs Cherie Collings

Deputy Principal  
Mr Sam Konnis

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# WELLBEING CORNER



Dear Families

Welcome back to a brand new year! It is lovely to see everyone back at school along with our new Reception children and new children across other year levels.

Our names are Sonia Kilmister and Christin Valley and we are the Wellbeing Leaders at The Pines School. Our job is to support students and families with their wellbeing. Before school started, our teachers participated in professional learning around wellbeing. They will use this knowledge to develop skills around regulating emotions through social skills programs.

This year a large component of wellbeing will be the rolling out of the internationally renowned programme 'What's the Buzz?' by Mark Le Messurier. This programme will be taught across the school from Year 2 – 7 and focuses on Social and Emotional Literacy (SEL).

Teachers will keep parents informed about topics within the program through Class Dojo.

Important points about 'What's the Buzz?'

- ◆ It is a deeply structured resource to teach young people in the 8-12 year old developmental range.
- ◆ Uses stories about *Archie* as a connecting approach to bring young people together to learn more about complex social and emotional issues.
- ◆ Aims to develop self-awareness, self-identity, anxieties and sensitivities that many young people experience.
- ◆ Explicitly teaches how to 'read' the emotional needs of others, show empathy and build relationships.
- ◆ Uses a developmental model and ensures relevance and inclusion to young people with a broad range of backgrounds, abilities and challenges.
- ◆ Is underpinned by a variety of teaching techniques: storytelling, role-plays, thinking exercises, quizzes, group discussions, explicit social skill instruction and confidence-building games that offer fun and inclusion.

**(Sourced from 'What's the Buzz' for Primary Students Second Edition)**

More information about 'What's the Buzz?' can be found on Mark Le Messurier's website:

<https://www.whatsthebuzz.net.au/>

In the junior school, Year R-1 teachers will be using the Kimochi's Program in their classrooms.

Kimochi (KEY.MO.CHEE) means "feeling" in Japanese. Sometimes children (and adults) have strong feelings that can fuel challenging behaviours. Sometimes it's hard to know how to communicate when you are in an emotional moment. Kimochis® are a playful way to help children learn how to identify and express feelings. When kids can communicate their feelings effectively, they develop positive social skills that lead to lasting friendships and success in all aspects of life. Kimochis® teach the fourth "R"—reading, writing, arithmetic, and RELATIONSHIPS. This "R" is the foundation for success in ALL areas of life. (Sourced from [www.kimochis.com](http://www.kimochis.com))

We are also continuing our emphasis on Positive education across the school this year.

Christin Valley and Sonia Kilmister

**Wellbeing Leaders**



For more information, please contact the School's Front Office

# No Interest Loans for back-to-school costs



Borrow up to \$1500 Pay back \$1500  
**No Fees. No Charges. Ever.**

Talk to the people you know and trust



Visit us at 58 John Street, Salisbury  
Or call 1300 770 550  
[goodmoney.com.au](http://goodmoney.com.au)

Funded by:



Australian Government

In partnership:



Good Shepherd  
Australia New Zealand



Government of  
South Australia

NILS is for people on low incomes and is not available for cash. See eligibility criteria at [nils.com.au](http://nils.com.au)

# Notification of restriction of some fruit due to Fruit Fly

Dear Families,

The Department of Primary Industries and Regions (PIRSA) has updated its information about fruit fly restrictions in South Australia.

This might change the types of fruit and vegetables your child can bring to school/preschool/child care.

New colour coded maps for [metropolitan Adelaide](#) and [Riverland](#) residents show the red outbreak areas, yellow suspension areas, and green areas not affected by fruit fly.

**Our school, preschool, children's centre is located in the yellow suspension area.**

## If you live in the **red** outbreak area:

Your child must not bring any fresh fruit or vegetables on [this list](#) to school, preschool or child care. This applies even if it has been cut up.

Instead, PIRSA has provided a list of [alternative fresh fruit and vegetable options](#) suitable for lunch and breaks.

## If you live in the **yellow** suspension area

Your child can bring any type of fresh fruit or vegetable to school, preschool or child care.

## If you live in the **green** not impacted area

Your child can bring any type of fresh fruit or vegetable to school, preschool or child care.

All fruit or vegetables on [this list](#) must be eaten and disposed of at our school, preschool or children's centre. These items cannot return home at the end of the day and will be disposed of safely at our school/preschool/child care centre's grounds.

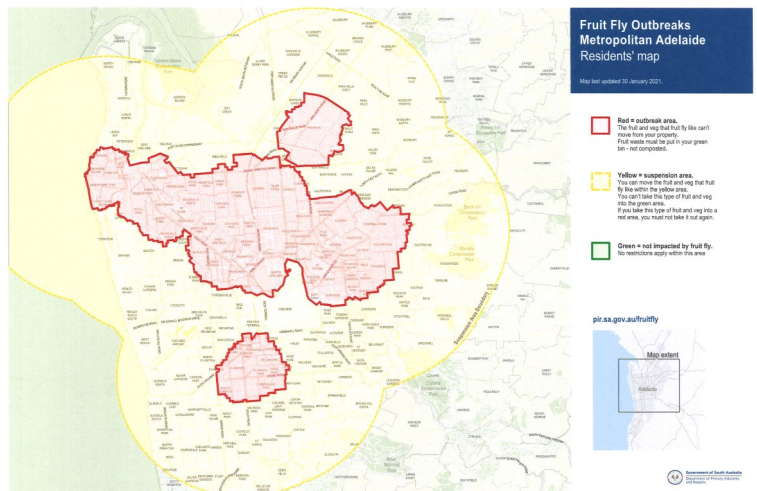
Grated, dried, frozen, cooked or pureed fruit and vegetables of any kind are acceptable in any area.

We appreciate your cooperation as we help protect South Australia from fruit fly.







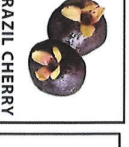






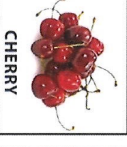



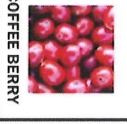







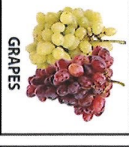








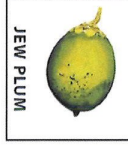











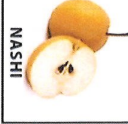






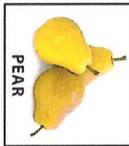

















Thank you for your understanding.

Cherie Collings

Principal



# What fruit and vegetables do fruit fly like?

|   |  |   |  |   |   |  |   |   |   |  |   |
|---|--|---|--|---|---|--|---|---|---|--|---|
| <br>ABU        | <br>ACEROLA                 | <br>APPLE      | <br>APRICOT     | <br>AVOCADO      | <br>BABACO    | <br>BANANA    | <br>BLACK SAPOTE | <br>BLACKBERRY | <br>BLUEBERRY  | <br>BRAZIL CHERRY | <br>BREADFRUIT   |
| <br>CAMILITO   | <br>CAPE GOOSEBERRY         | <br>CAPSICUM   | <br>CARAMBOLA   | <br>CASHEW APPLE | <br>CASIMIROA | <br>CHERIMOYA | <br>CHERRY       | <br>CHILLI     | <br>CHOKO      | <br>CITRON        | <br>COFFEE BERRY |
| <br>CUMQUAT     | <br>CUSTARD APPLE            | <br>DATE        | <br>DRAGON FRUIT | <br>DURIAN        | <br>EGGPLANT   | <br>FEIJOA     | <br>FIG           | <br>GRANADILLA  | <br>GRAPES      | <br>GRAPEFRUIT     | <br>GRUMICHAMA    |
| <br>GRAPEFRUIT   | <br>GRUMICHAMA                | <br>GUAVA        | <br>HOG PLUM      | <br>JABOTICABA     | <br>JACKFRUIT   | <br>JEW PLUM    | <br>JU JUBE        | <br>KIWIFRUIT    | <br>LEMON        | <br>LIME            | <br>LOGANBERRY     |
| <br>LONGAN       | <br>LOQUAT                    | <br>LYCHEE       | <br>MANDARIN      | <br>MANGO          | <br>MANGOSTEEN  | <br>MEDLAR      | <br>MIRACLE FRUIT  | <br>MONSTERA     | <br>NECTARINE    | <br>MULBERRY        | <br>NASHI          |
| <br>OLIVE        | <br>ORANGE                    | <br>PASSIONFRUIT | <br>PAWPAW        | <br>PEACH          | <br>PEACHARINE  | <br>PEAR        | <br>PEPINO         | <br>PERSIMMON    | <br>PLUM         | <br>PLUMCOT         | <br>POMEGRANATE    |
| <br>PRICKLY PEAR | <br>PUMMELO                   | <br>QUINCE       | <br>RAMBUTAN      | <br>RASPBERRY      | <br>ROLLINIA    | <br>ROSE APPLE  | <br>SANTOL         | <br>SAPODILLA    | <br>SHADDOCK     | <br>SOURSOP         | <br>STAR APPLE     |
| <br>STAR FRUIT   | <br>QLD FF ONLY<br>STRAWBERRY | <br>SWEETSPON    | <br>TAMARILLO     | <br>TANGELO        | <br>THAN LUNG   | <br>TOMATO      | <br>VAI APPLE      | <br>WAX JAMBU    | <br>WHITE SAPOTE | <br>QLD FF          | <br>MED FF         |

\* Strawberries attract only Queensland fruit fly. Restrictions apply to moving strawberries in affected areas in the Riverland.

† Breadfruit and monstera attract only Mediterranean fruit fly. Restrictions apply to moving them in affected areas of metropolitan Adelaide.

# Student Leaders

## Student Reporters at The Pines School

*Welcome to the first school newsletter for 2021. Last year, one of our student leadership roles was the school reporter team. During the year, the student reporters developed their role to include a regular segment in the school newsletter.*

*This year, the school reporter team is back with some new members and some great ideas for this year's newsletter. First up in this edition, the reporter team would like to introduce themselves and share their goals as reports.*

*Watch this space for updates about what is happening around our school.*



School reporters: Annabel, Jamie, Jaxon and Amelia

### Jaxon

Hello, my name is Jaxon, I am a Year 6, in Room 26. My reporter goals for this year is to be a successful role model and a great school reporter. Last year I became a school reporter for The Pines School newsletter. The school reporter is a job to keep everyone in our school up to date about what's happening around the school. As a school leader I will improve in my skills such as working as a team, focusing and organisation.

### Amelia

Hi my name is Amelia and I'm in Year 6, in Room 32. My reporter goals this year are to give The Pines families information and keep you updated about school activities. Jaxon, Jamie, Annabelle and myself will be writing the student leader section of the newsletter every two weeks. We will do this by getting information about our school, including interviewing students, staff and visitors at our school. I am a student leader so I try my best to be a good role model to all students in this school. As a leader my aim is to improve in my writing skills and confidence.

### Jamie

I am Jamie, I am 10 years old and I am in year 5. I am new to this job of being a school reporter. As a reporter and leader I will work on improving my ability to cooperate with others and to focus. This year as a reporter I will be reporting on such things as school events like The Big Splash, the new playground and reviews. I look forward to working with others and having fun in my role as a school reporter.

### Annabel

Hi, my name is Annabel. I'm in Year 5 in Room 33 this year. I'm new at being a student reporter and am organised and work hard. My goal as a reporter is to have more confidence this year. I will be developing this by doing interviews and reporting back on what I find out. So far this year as a reporter, I was one of the first students who got to go on the new playground so that I could take photos for the newsletter. I'm looking forward to finding out things about our school so I can report it here.

# Canteen News

## Qkr Ordering Update

Dear Parents/Caregivers

Please ensure that your child's **Profile on the Qkr! App** has their correct classroom number for the 2021 school year.

If you have already placed an order and your child goes home early, please notify the canteen or if before 9am, orders can be cancelled using the App.

Regards

Sue

Canteen Manager



masterpass

TIP OF THE WEEK

## Q. How do I cancel food orders that have already been paid for?

A. To cancel a food order from your itemized eReceipt:

1. Open Qkr! and tap Activity.
2. Scroll down to 'Order History' and sign in with your password.
3. Tap the red circle with a minus symbol on the order to be cancelled. Select the entire order or individual items to cancel and tap 'OK'.
4. If your eReceipt contains food orders for more than one child, you will need to cancel one by one.

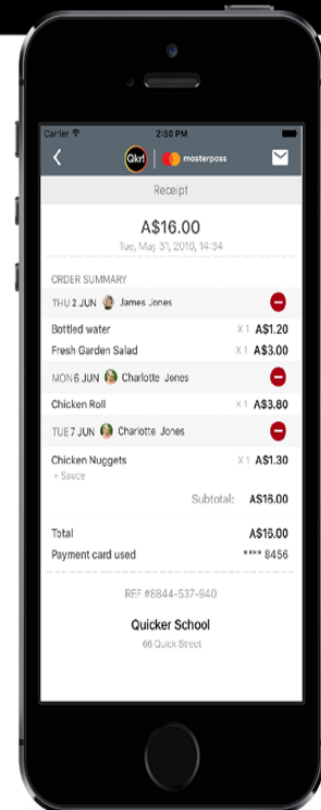
OR

To cancel a food order from the calendar view:

1. Open Qkr! and select the relevant menu.
2. Tap on the tick icon on the date for which you want to cancel the order.
3. Tap the red circle with a minus symbol on the order to be cancelled. Select the entire order or individual items to cancel and tap 'OK'.

Cancelled items are shown in red on your eReceipt confirming they have been cancelled and a credit is available for future food orders. The value of any credits will be automatically deducted from your next Qkr! food order.

Please contact your school office to cancel any other (non-food) school payments according to school policy.



## What a Great Effort!

In 2020 we had 95% of students complete the Premier's Reading Challenge.

Well done to all the students who participated in the Challenge and thanks to the parents who supported their children.

**PREMIER'S  
READING  
Challenge**

Dear Parents

The Premier Reading Challenge has begun and will finish on the **3rd September**.

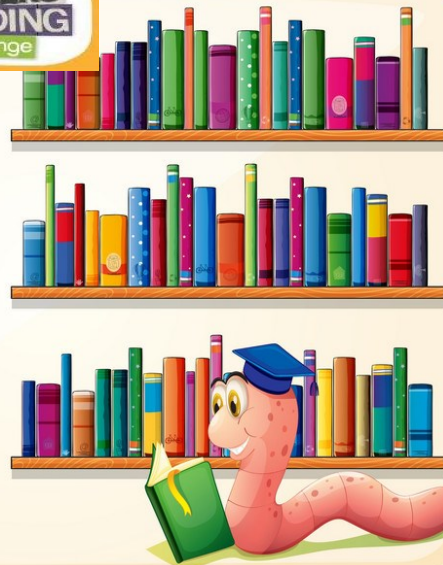
Please could you encourage your children to participate.

Children must read 8 Premier Reading Challenge books and 4 books of their own choice.

They will receive a Record Sheet to fill in from their teachers or from the Library.

If you have any questions please don't hesitate to come and ask the Library staff.

Thank you



# Breakfast Club

Before school

## Tuesday and Friday

### 8.10-8.45am

In the Technology Kitchen

(through the library doors)

## All Welcome



THE HEALTHY FOOD COMPANY  
**Weet-Bix**



**KICKSTART  
FOR KIDS™**

STARTS FEBRUARY 6 & 7 FREE COME & TRY CALL TO BOOK!

**Grasshopper**  
SOCCER ADELAIDE

Soccer Fun For Girls & Boys Aged 2 to 12!  
TERM 1 PROGRAM - 8 WEEKS

**WIN!**  
A WEBER Q BBQ  
Enrol & pay by 15th Jan for  
your chance to win!



5 LOCATIONS: CITY | GRANGE | STONYFELL | MAWSON LAKES | WINDSOR GARDENS

Programs run all year round within each school term



#### Mite-E Soccer (2-3yo)

- A great introduction to Soccer!
- Kids work with their parents
- Learn new soccer skills
- Develop their motor skills!
- Lots of fun games
- Non-competitive environment



#### Pint Size Soccer (4-5yo)

- First kicks in soccer!
- Introduction to shooting, passing, dribbling and goal keeping
- Play fun, skill based games
- Introduction to the Pint Size M Big Game!



#### Intro to Micro (5-6yo) Micro (6-8yo)

- Ultimate challenge for young soccer players!
- Learn the rules of grasshopper soccer big game
- Develop skills in shooting, passing, dribbling and goal keeping



#### Micro Plus (8-12yo)

- Skills development and teamwork
- Ideal preparation for club soccer
- Fine tune their skills
- All the favourite fun based soccer based games
- Play the Grasshopper Soccer Big Game!

35MIN \$120 50MIN \$130 75MIN MICRO \$150 75MIN \$150

Fun For Kids Since 2012

Mobile 0408 825 280 for a FREE trial or get in touch

andrew@grasshoppersoccer.com.au

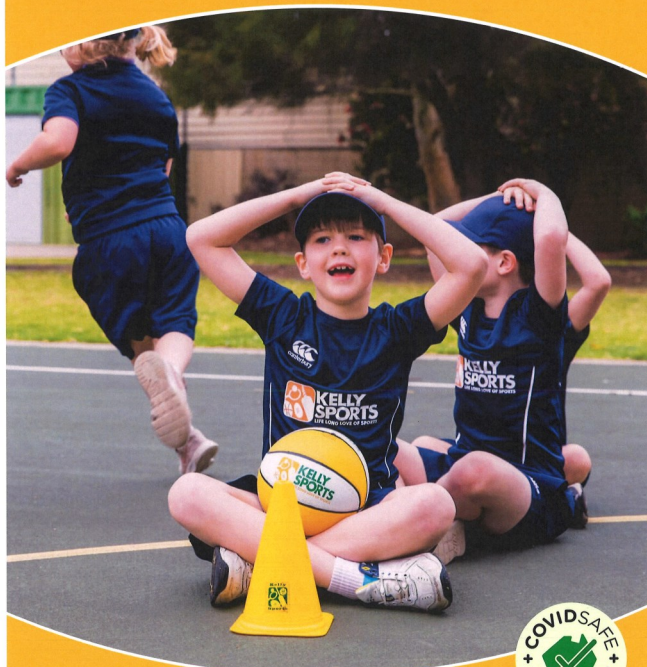
GrasshopperSoccerAdelaide | www.grasshoppersoccer.com.au



# COMMUNITY NEWS



## KELLY SPORTS WEEKENDER



BOOK ONLINE NOW AT

**KELLYSPORTS.COM.AU**

### INFORMATION FOR PARENTS

### WEEKENDER PROGRAMME

This program gives children skills and confidence in a fun and enjoyable environment. It also encourages enthusiasm, participation and life skills that such involvement brings, giving confidence to join sports clubs and teams in the future. Sessions will be facilitated under a COVID-19 safe environment.

- ✓ Skills based intro to sport
- ✓ Indoor sessions
- ✓ Parent help for 3+4 year olds
- ✓ Sports equipment to KEEP!

**8 WEEK PROGRAM FOR \$110+GST (TOTAL COST \$121)**

*OR redeem your \$100 Sports Voucher and pay only \$21*

#### LOCATIONS

Aberfoyle Park - Aberfoyle Hub R-7 School  
 Adelaide - Gilles Street Primary School  
 Blackwood - Blackwood Primary School  
 Brighton - Paringa Park Primary School  
 Colonel Light Gardens - Colonel Light Gardens Primary  
 Golden Grove - Golden Grove Primary School  
 Seaton - Seaton Park Primary School  
 Mawson Lakes - UniSA Mawson Lakes Sports Centre  
 McLaren Vale - McLaren Vale Primary School  
 Mt Barker - St Francis de Sales College  
 Nailsworth - Nailsworth Primary School  
 Norwood - ICA Sportzworx Stepney  
 Rostrevor - Stradbroke Primary School  
 Wynn Vale - Keithcot Farm Primary School

#### DAY

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#### SPORT

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 Soccer  
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 Basketball  
 Soccer  
 Soccer  
 Tennis  
 Tennis  
 Soccer  
 Soccer

#### SESSION TIMES

3 + 4 year olds - 9:45am to 10:30am  
 5 + 6 year olds - 10:30am to 11:15am  
 7 - 9 year olds - 11:15am to 12:00pm

#### TERM 1 DATES

When: Saturday/Sunday  
 Commencing: 6th & 7th Feb 2021  
 Concluding: 27th & 28th March 2021

To enrol and/or redeem your sports voucher discount, register online at [www.kellysports.com.au](http://www.kellysports.com.au). Payments can be made online at [www.kellysports.com.au](http://www.kellysports.com.au) or by EFT to Kelly Sports Adelaide Metro BSB 035 045 A/C No 342581.

One voucher for every primary school aged child per calendar year (ages 3-4 ineligible) [www.sportsvoucher.sa.gov.au](http://www.sportsvoucher.sa.gov.au).

**Website:** [kellysports.com.au/events](http://kellysports.com.au/events)  
**Email:** [ianbarnes@kellysports.com.au](mailto:ianbarnes@kellysports.com.au)  
**Bookings & Enquiries:** 0421 888 400  
**Facebook:** #KellySportsAdelaide



## Term 1 Calendar 2021

| Wk | Monday                       | Tuesday                             | Wednesday   | Thursday                             | Friday  |
|----|------------------------------|-------------------------------------|-------------|--------------------------------------|---|
| 1  | 25 January<br>Pupil Free Day | 26 January<br>Australia Day Holiday | 27 January  | 28 January                           | 29 January                                    |
| 2  | 1 February                   | 2 February                          | 3 February  | 4 February                           | 5 February<br><br>Newsletter                  |
| 3  | 8 February                   | 9 February                          | 10 February | 11 February<br><b>Big Splash</b><br> | 12 February                                   |
| 4  | 15 February                  | 16 February                         | 17 February | 18 February                          | 19 February<br><br>Newsletter                 |
| 5  | 22 February                  | 23 February                         | 24 February | 26 February                          | 27 February<br>Whole School Assembly<br>11:50 |